

What is an ELSA?

Emotional Literacy Support Assistant



An ELSA is a specialist teaching assistant with a wealth of experience of working with children.

ELSAs are trained and regularly supervised by the Educational Psychologists in your Local education authority.

An ELSA is a warm and caring person who wants to help your child feel happy in school and to reach their potential educationally.

Their aim is to remove the barriers to learning and to have happy children in school and at home.

An Elsa can help with:

Loss and Bereavement

Social Skills

Friendship Issues

Anger Management

Bullying

Mindset

Low Mood/Sadness

Self Esteem

Emotions

Relationships

Anxiety

Conflict

Resilience

